

Weekly Menus – November 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Fish fingers Potatoes and peas Fruit	*Sausage hot pot **Rock buns	*Cornbeef Hash Fruit	**Cheese pie and beans **Yoghurt	Soup/ Bread **Cake
Tea	*Sausage, Hash Browns & beans **Yoghurt	*Pasta Bolognaise Fruit	***Chicken pasta Jelly	Fish Goujons potatoes, peas and **parsley sauce **Buns	***Jacket potatoes with two fillings **Yoghurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	*Burgers wedges & beans Fruit	**Fish Pie **Raspberry buns	*Cottage pie **Yogurt	*Chicken Curry Fruit	**Quiche and Beans Crumble & Ice cream
Tea	Fish cakes potatoes & veg **Yoghurt	*Roast dinner Fruit	***Pizza **Cake	*Sausage Casserole Jelly	*Meat and potato pie Fruit

*Vegetarian option available - **Dairy option available - ***Vegetarian and/or dairy option available

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	*Sausage, Hash Browns & beans **Yoghurt	*Pasta Bolognaise Fruit	***Chicken pasta Jelly	Fish Goujons potatoes, peas and **parsley sauce **Buns	***Jacket potatoes with two fillings **Yoghurt
Tea	Fish fingers Potatoes and peas Fruit	*Sausage hot pot **Rock buns	*Corn beef Hash Fruit	**Cheese pie and beans **Yoghurt	Soup/ Bread **Cake

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Fish cakes potatoes & veg **Yoghurt	*Roast dinner Fruit	***Pizza **Cake	*Sausage Casserole Jelly	*Meat and potato pie Fruit
Tea	*Burgers wedges & beans Fruit	**Fish Pie **Raspberry buns	*Cottage pie **Yogurt	*Chicken Curry Fruit	**Quiche and Beans Crumble & Ice cream

*Vegetarian option available - **Dairy option available - ***Vegetarian and/or dairy option available